


# CREATING SUPPORTIVE ENVIRONMENTS

## *policy checklist*

This checklist is designed to help organisations, researchers, communities, caregivers and individuals create supportive environments for young people. You can use this checklist as a tool to help you implement the recommendations from the CYCC Network's report *Creating Supportive Environments for Children and Youth with Complex Needs* into your programs and practices.

<h3>Creating Supportive Environments</h3>	
<p>1. Children need to be placed at the center of programs and organisations</p>	
<p>Our programs and services are child and youth-centered. Our organisation provides services that take the contexts of children, youth and their families into account and programs accordingly.</p>	
<p>Our organisation provides therapeutic treatments (CBT, TF-CBT, FFT, and MDFT) in non-clinical settings in order to reach young people in their environment.</p>	
<p>2. Caregivers need to be strengthened, supported and included throughout the entire care process</p>	
<p>Our programs and services aim to strengthen the capacities of parents and caregivers.</p>	
<p>Children are taught how to stay safe and have personal safety plans</p>	
<p>Our programming includes parents and caregivers in decision-making and information sharing.</p>	
<p>Our programming works to develop the abilities of parents and caregivers to support the children and youth they care for.</p>	
<p>3. Youth need to be engaged in creating the programs they are a part of</p>	
<p>We ensure youth participation in designing, implementing and monitoring phases of programs and services.</p>	
<p>Our organisation actively involves youth in designing, implementing and monitoring the programs and services that they are a part of.</p>	
<p>Our organisation works to ensure that youth are invested in the treatment processes that they are a part of.</p>	



4.	Organisations need to integrate and collaborate in order to effectively address complex needs	
	Our programs and services address the complex needs of young people by integrating existing programs and multiple services.	
	Our programs strive to actively collaborate with other organizations in the sector to deliver programming to children and youth with complex needs.	
	Our staff engages in ongoing training to remain knowledgeable about other	
5.	Interventions need to be holistic and context sensitive	
	Our programs and services are not delivered in isolation. Treatment takes into account the social, cultural and material context of the young person receiving treatment.	
	Our programs and services are located within a broad ecological framework and work to address emotional, physical, cognitive, social, spiritual, cultural and environmental factors that affect the experiences of children and youth.	
	Our programs and services are attentive to all factors that may shape the experiences of the youth we serve. These include (but are not limited to): culture, gender, sexual orientation, language of children, and material circumstances.	
6.	Early interventions need to be a priority in program design and approach	
	We make every effort to intervene early in the life of a child, in order to reduce the chance of a young person developing concurrent disorders.	
	Our program works to identify at-risk youth and provide relevant interventions early in their lives.	
	Our organisation recognises the preventative possibilities of early interventions.	
7.	Organisations need to regularly monitor and evaluate their programs and services	
	Our organisation monitors and evaluates our programs and services. We use this information to improve programming.	
	Our organisation provides follow-up evaluation and regular program evaluation.	